

Role Play for the Sacrament of Reconciliation

Welcome

Father greets the child

Child and Father will make the Sign of the Cross

Father may say a little prayer. Child should answer, "Amen."

Confession of Sins

Child says, "Bless me Father, I have sinned. This is my First Confession."

Child tells sins (not every little thing done wrong, but those that the child knows he/she needs to work on).

Then the child says, "I am sorry for all my sins."

Father might discuss sins with the child and how he/she might handle things to avoid sin.

Penance

Father gives the child a penance, for example, "Now, for your penance, pray one Our Father." Or, "Do one kind thing for your sister this week and don't tell her, just do it because it is a kind thing to do."

Act of Contrition

Father might say something like, "Now it's time to say a prayer that will tell God how sorry you are and how you intend to act in the future."

Child says an Act of Contrition.

Absolution (Our sins are forgiven)

Father extends hands over child's head and says, "I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit."

The child should respond, "Amen."

Praise & Thanksgiving to God

Father says a blessing, for example, "Bless you, the Lord has freed you from your sins."

The child should respond, "Thanks" or "Bless you Father" and leave to do penance.

Act of Contrition

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong

and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend, with your help,

to do penance,

to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ

suffered and died for us.

In his name, my God, have mercy.